

reduced ATP production, can promote neuronal dysfunction and degeneration via increased production of reactive oxygen species in the central nervous system. As an effective carrier with strong antioxidant properties, CoQ₁₀ has been shown to promote neurological health.⁹

Directions

1 or more soft gel capsules per day or as recommended by your health care professional.

Does Not Contain

Wheat, gluten, dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners or preservatives.

V4		
Supplement Facts		
Serving Size 1 Soft Gel Capsule		
Servings Per Container 30, 60 & 120		
1 soft gel capsule contains	Amount Per Serving	% Daily Value
Vitamin E (from 100 IU as d-Alpha Tocopherol)	64 mg	427%
Coenzyme Q10	100 mg	*
* Daily Value not established		

References

1. Hojerova J. Coenzyme Q10- its importance, properties and use in nutrition and cosmetics. *Ceska Slov Farm* 2000;49:199-123: [Slovak].
2. Hargreaves IP, Duncan AJ, Heales SJ, Land JM. The effect of HMG-CoA reductase inhibitors on coenzyme Q10: possible biochemical/clinical implications. *Drug Saf* 2005;28:659-676.
3. Langsjoen PH, Vadhanavikit S, Folkers K. Effective treatment with coenzyme Q10 of patients with chronic myocardial disease. *Drugs Exptl Clin Res* 1985;11:577-579.
4. Langsjoen P, Langsjoen P, Willis R, Folkers K. Treatment of essential hypertension with Coenzyme Q10. *Molec Aspects Med* 1994;15(Suppl):S265-S272.
5. Stocker R, Bowry VW, Frei B. Ubiquinol-10 protects human low density lipoprotein more efficiently against lipid peroxidation than does alpha-tocopherol. *Proc Natl Acad Sci* 1991; 88(5):1646-50.
6. Gaby AR. The role of coenzyme q10 in clinical medicine: Part II. Cardiovascular disease, hypertension, diabetes mellitus and infertility. *Altern Med Review* 1996; 1(3):168-175.
7. Shigeta Y, Izumi K, Abe H. Effect of coenzyme Q7 treatment on blood sugar and ketone bodies of diabetics. *J Vitaminol* 1966;12:293-298.
8. Mancuso M, Orsucci D, Calsolaro V, Choub A, Siciliano G. Coenzyme Q10 and Neurological Diseases. *Pharmaceuticals* 2009; 2:134-149.



† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.